

- The Metric

- Causal Structure

The metric is an additional structure on a manifold

→ we measure distances
using a metric

"geometry"

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proper time

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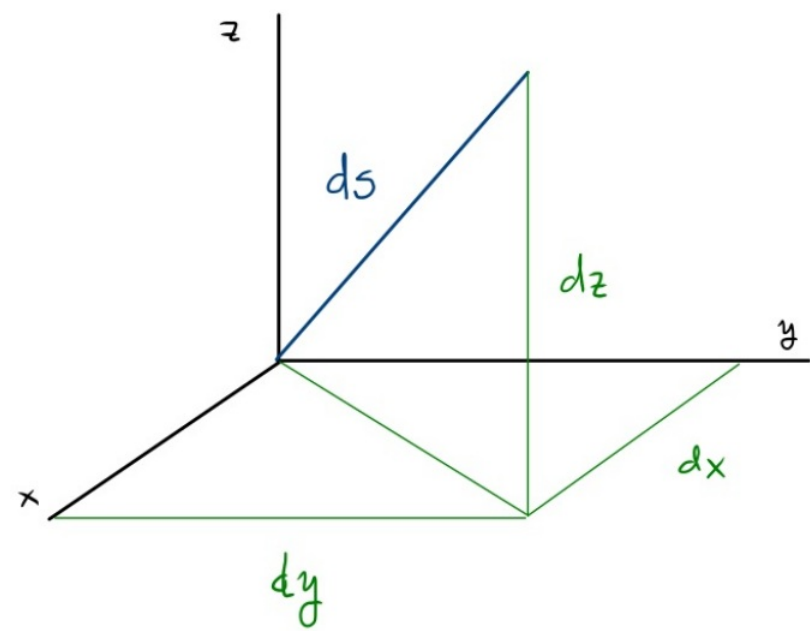
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- curvature = gravitation

• Line element: infinitesimal length

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$$ds^2 = dx^2 + dy^2 + dz^2$$



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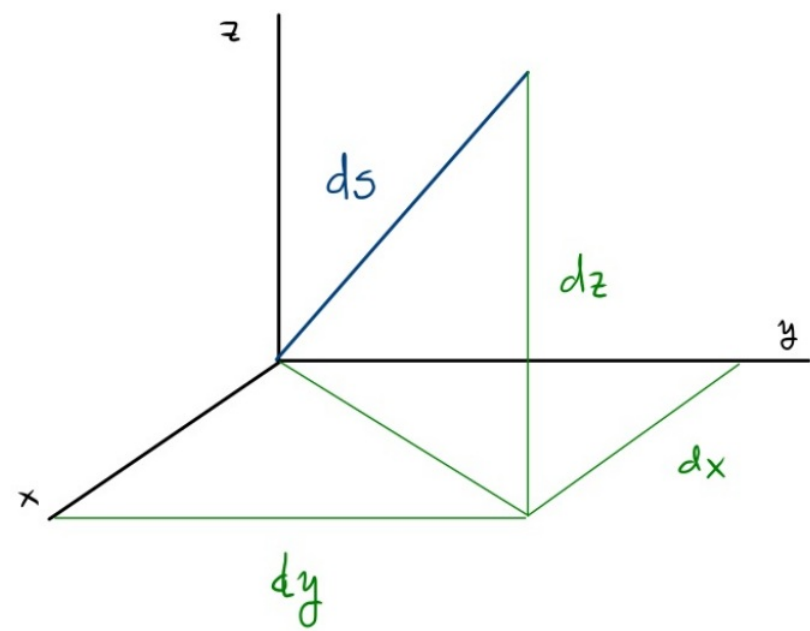
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using other coordinates

$$ds^2 = dr^2 + r^2 d\theta^2 + r^2 \sin^2 \theta d\varphi^2$$

$$= d\rho^2 + \rho^2 d\varphi^2 + dz^2$$

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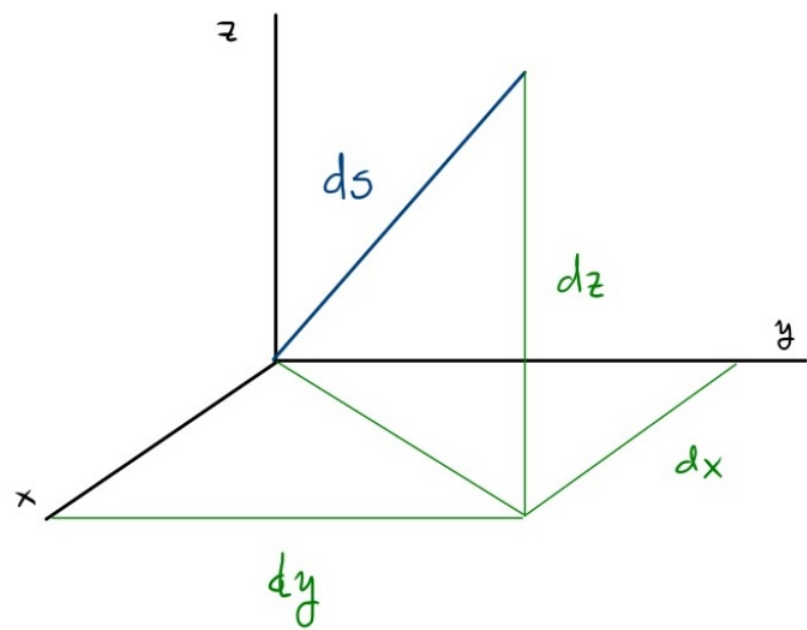
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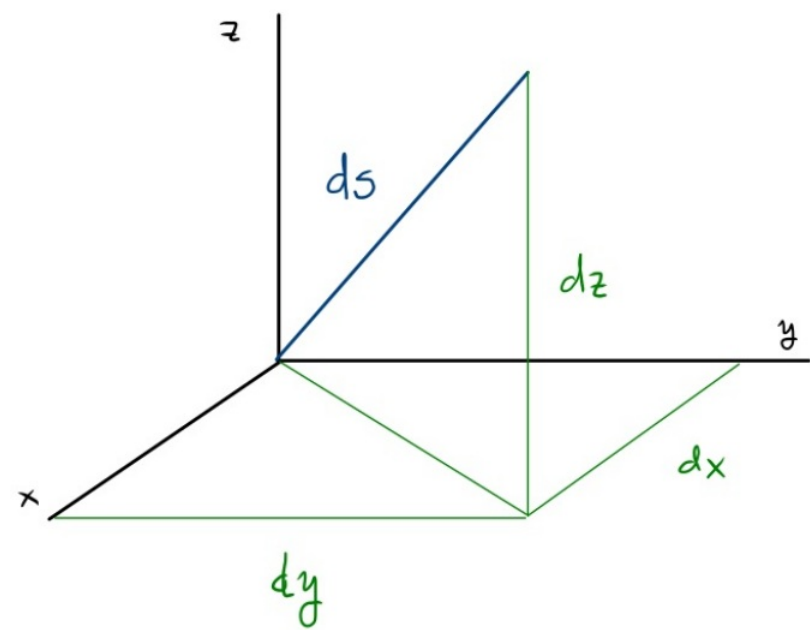
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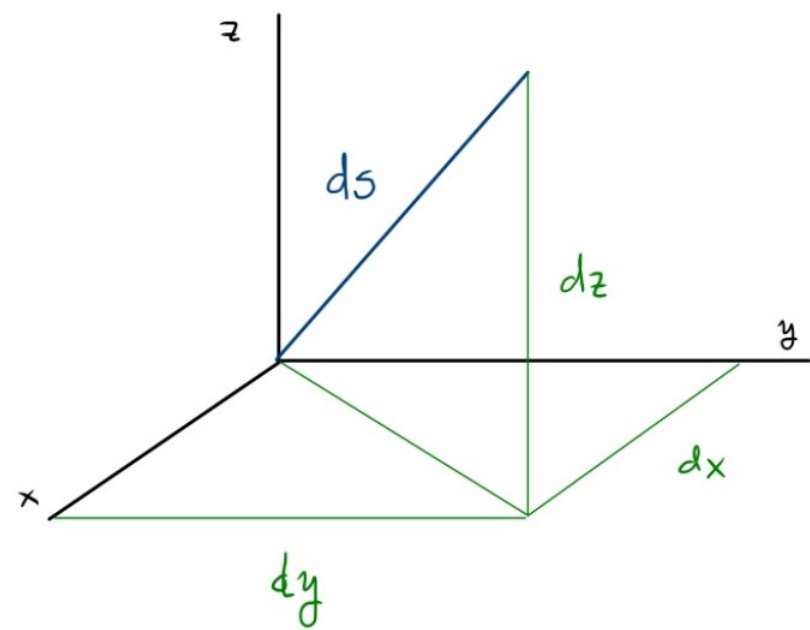
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all these expressions obtained by the usual rule:

$$g_{\mu'\nu'} = \frac{\partial x^\mu}{\partial x^{\mu'}} \frac{\partial x^\nu}{\partial x^{\nu'}} g_{\mu\nu}$$

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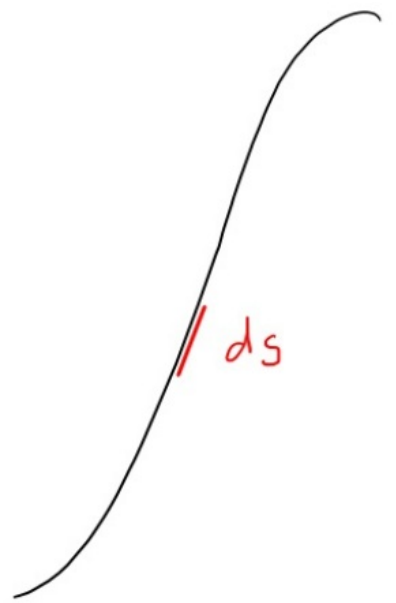
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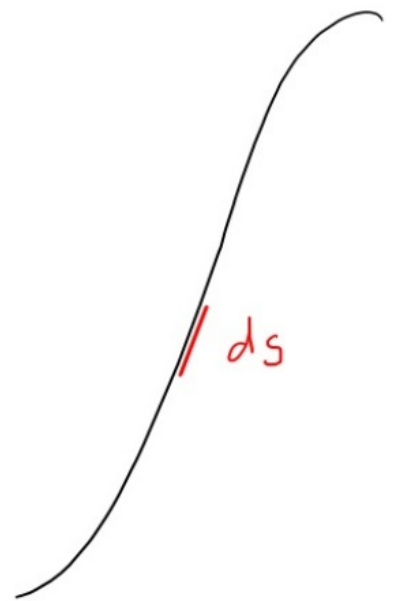
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$$s = \int ds = \int (dx^2 + dy^2 + dz^2)^{1/2} = \int dt \left\{ \left(\frac{dx}{dt} \right)^2 + \left(\frac{dy}{dt} \right)^2 + \left(\frac{dz}{dt} \right)^2 \right\}^{1/2}$$

a line integral on the curve $(x(t), y(t), z(t))$

tangent vector $\left(\frac{dx(t)}{dt}, \frac{dy(t)}{dt}, \frac{dz(t)}{dt} \right)$

↑ its norm



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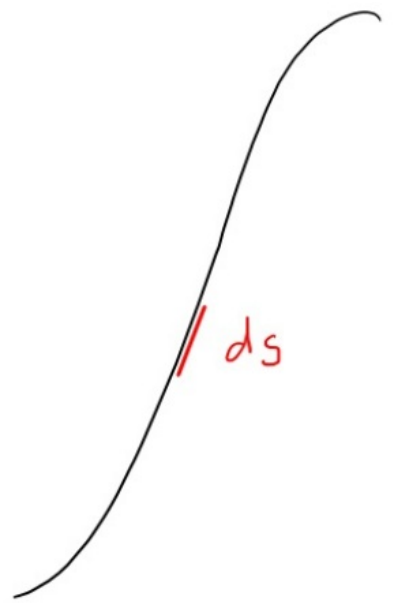
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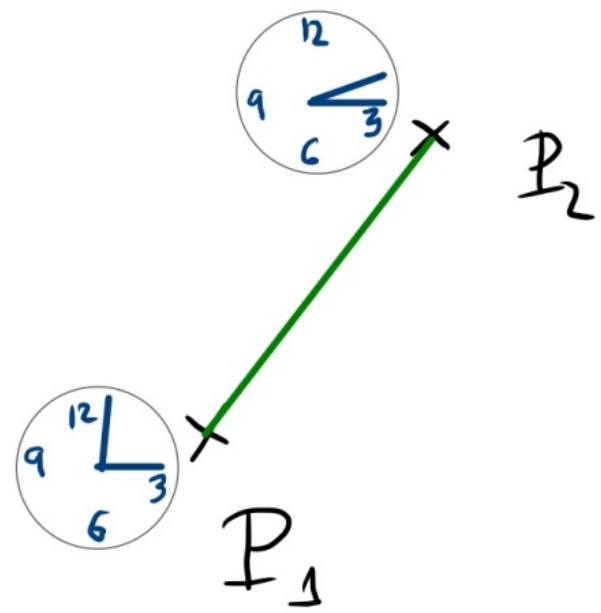
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$$\begin{aligned} s &= \int ds = \int (dx^2 + dy^2 + dz^2)^{1/2} = \int dt \left\{ \left(\frac{dx}{dt} \right)^2 + \left(\frac{dy}{dt} \right)^2 + \left(\frac{dz}{dt} \right)^2 \right\}^{1/2} \\ &= \int (g_{\mu\nu} dx^\mu dx^\nu)^{1/2} = \int dt \left\{ g_{\mu\nu} \frac{dx^\mu}{dt} \frac{dx^\nu}{dt} \right\}^{1/2} \end{aligned}$$

↳ coordinate invariant

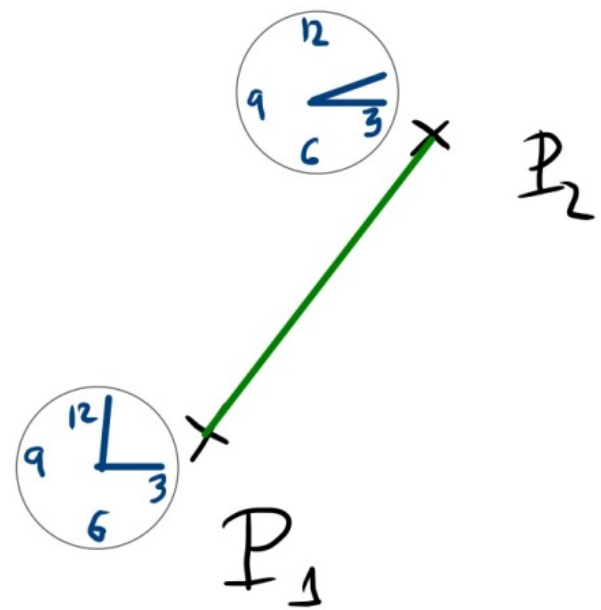


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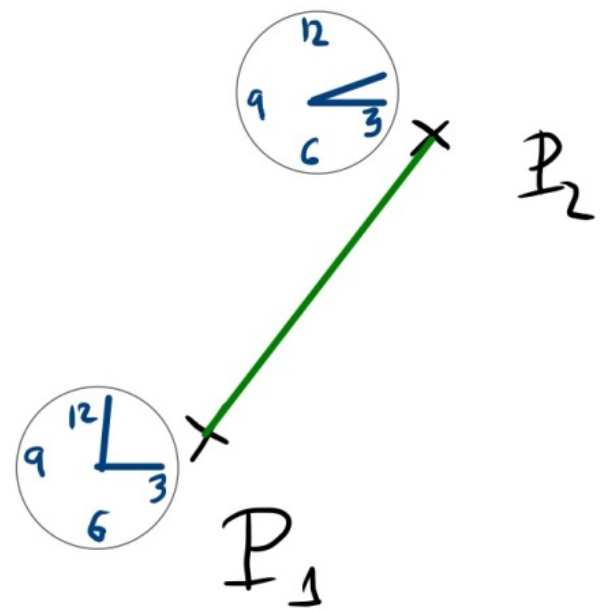


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Worldline of observer: chooses coordinates w.r.t. she stays @ same place:

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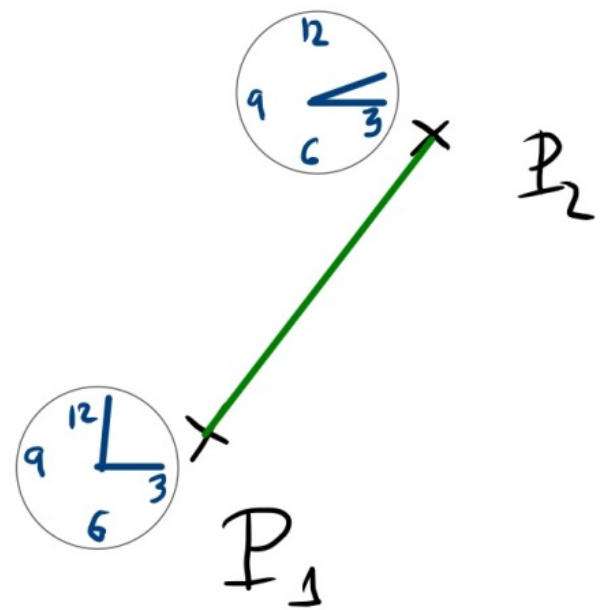
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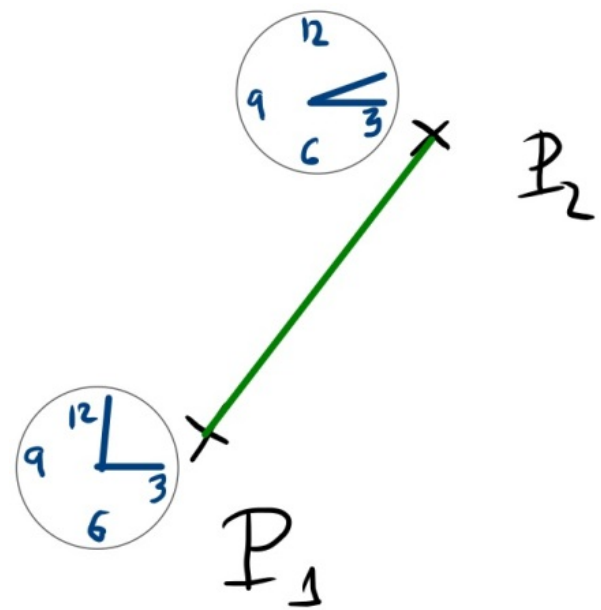
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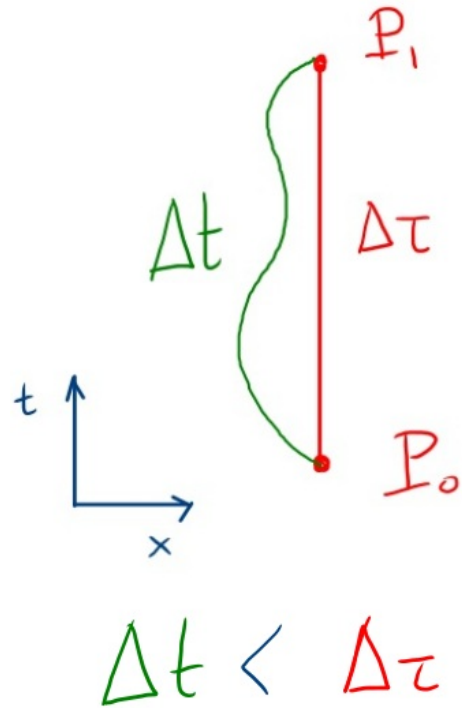
$d\tau$: {
 Her proper time
 Her "biological" time
 Her watch's time

• Proper time:

- a geometric quantity, independent of $\begin{cases} \text{coordinates} \\ \text{other clocks} \end{cases}$
- the longest proper time timelike curve connecting two nearby events is the straightest

these are the worldlines of free observers:

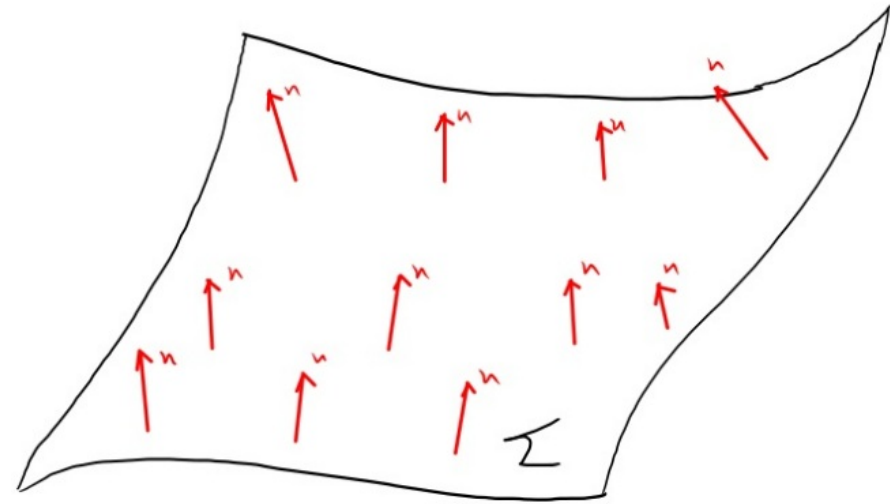
the lazier, the faster they age



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- Space:
The simultaneous event!

→ observer dependent!



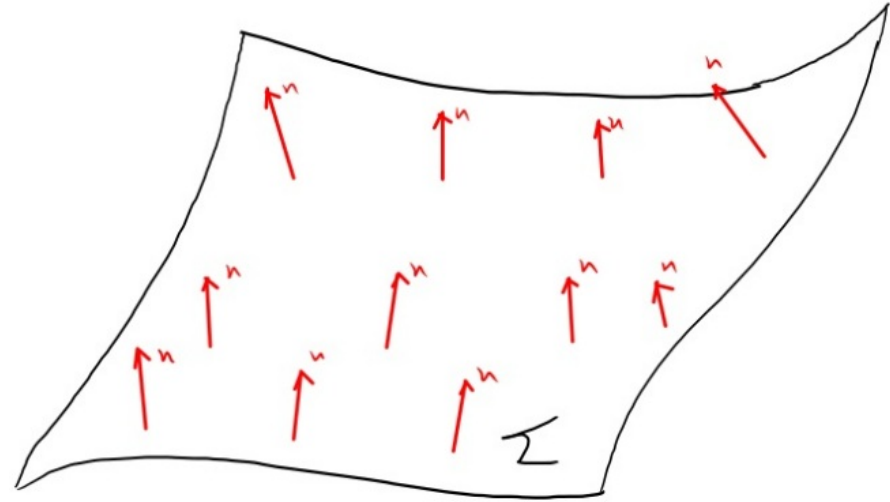
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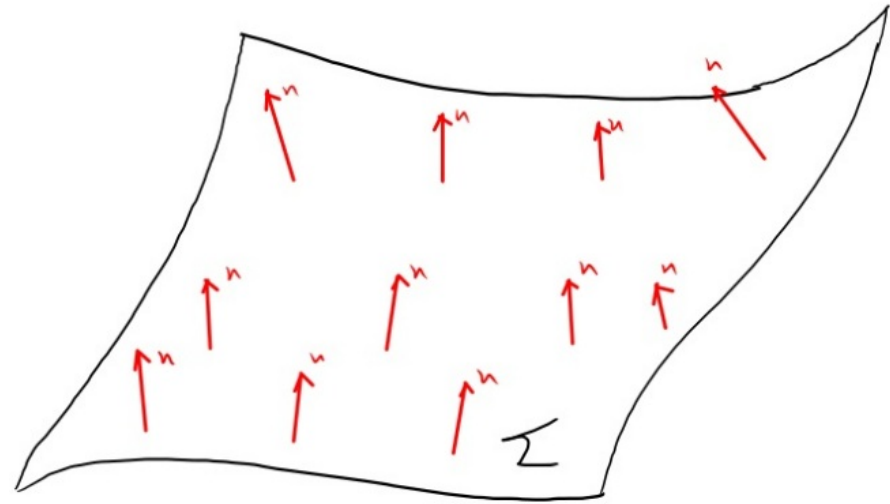
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spacelike surface: normal n^μ is timelike @ each point
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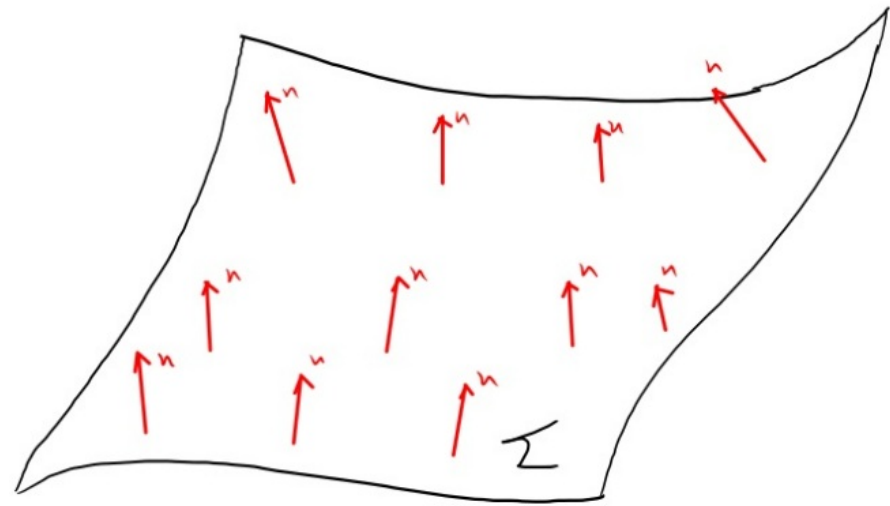
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no natural way to choose $\left\{ \begin{array}{c} \text{space} \\ \text{or} \\ \text{time} \end{array} \right\}$ globally

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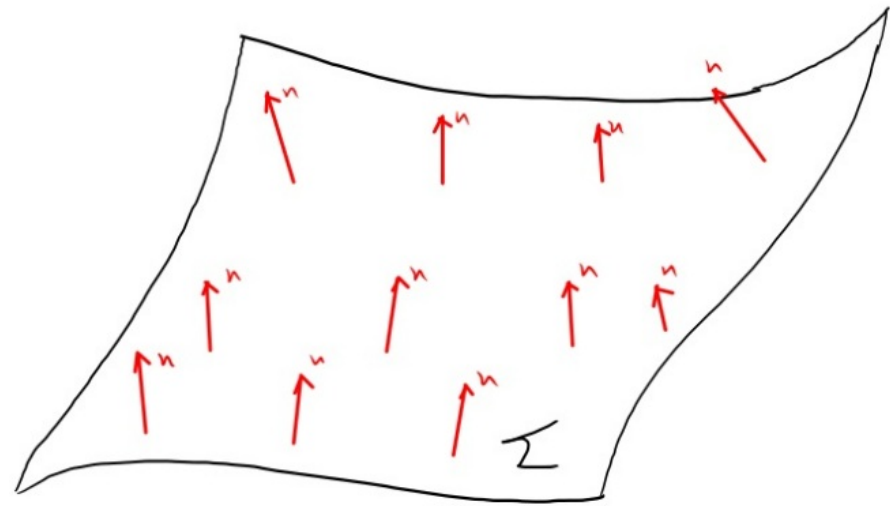
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- a metric is Riemannian when (iii) becomes

$$(iii)' \quad g_P(U,U) \geq 0 \quad \forall U \in T_P M, \text{ and } g(U,U) = 0 \Leftrightarrow U = 0$$

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- Nature makes a **dynamical** choice: In GR, solutions to Einstein equations

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\hookrightarrow exercise (or watch video)

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we denote g^{-1} by $g^{\mu\nu}$, so that $g^{\mu\rho} g_{\rho\nu} = \delta^\mu_\nu$

\hookrightarrow also a symmetric tensor (prove)

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↳ One form: maps linearly
vectors to numbers

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$$\text{but } \tilde{V}_\mu = \tilde{V}(\partial_\mu) = g(V, \partial_\mu) = g(V^\nu \partial_\nu, \partial_\mu)$$

$$= V^\nu g(\partial_\nu, \partial_\mu)$$

$$= V^\nu g_{\nu\mu} = g_{\mu\nu} V^\nu$$

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for simplicity \tilde{V}_μ is written as V_μ (index lowering)

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index raising

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$$\Leftrightarrow g^{\mu\lambda} \omega_\mu = g^{(\mu\lambda)} g_{\nu(\mu)} \tilde{\omega}^\nu = \delta^\lambda_\nu \tilde{\omega}^\nu = \tilde{\omega}^\lambda \Leftrightarrow \tilde{\omega}^\nu = g^{\nu\mu} \omega_\mu$$

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A metric and its inverse gives rise to an isomorphism $T_p M \cong T_p^* M$

- If $V \in T_p M$, then $g(V, \cdot) \in T_p^* M$, $\tilde{V} = g(V, \cdot)$ $\tilde{V}_\mu = V_\mu = g_{\mu\nu} V^\nu$

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- Similar maps exist between $(l, k) \leftrightarrow (l', k')$ tensors
iff $l+k = l'+k'$

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- Notice that index raising of $g_{\mu\nu}$ is compatible w/inverse $g^{\mu\nu}$:

$$\tilde{g}^{\mu\nu} = g^{\mu(\alpha)} g^{\nu(\beta)} g_{(\alpha)(\beta)}$$

2-index raising

• Index Raising/Lowering

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$$\tilde{g}^{\mu\nu} = g^{\mu\alpha} g^{\nu\beta} g_{\alpha\beta}, \text{ then}$$

$$\tilde{g}^{\mu\nu} g_{\nu\sigma} = (g^{\mu\alpha} g^{\nu\beta} g_{\alpha\beta}) g_{\nu\sigma}$$

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(so, inverse matrix)

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$\tilde{\tilde{V}} = V$, $\tilde{\tilde{\omega}} = \omega$, etc i.e. duality

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duality $\tilde{T} = T$ between all $T_{\mathbb{R}}^{(l,k)} \mathcal{M}$ for $l+k = \text{fixed}$

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 - different metrics, different pairs (T, \tilde{T})
 - no metric \Rightarrow no index raising and lowering
- (T, \tilde{T}) does not depend on choice of basis or coordinates

$(e^\alpha(e_\beta) = \delta^\alpha_\beta \text{ duality is basis-dependent})$

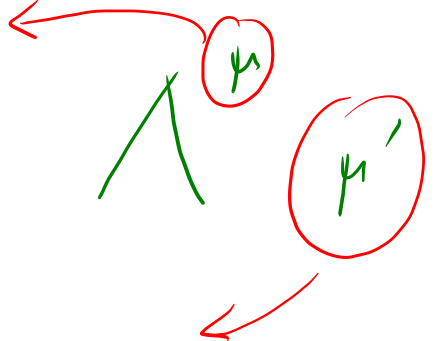
Component xfm

$$g_{\mu'\nu'} = \frac{\partial x^\mu}{\partial x^{\mu'}} \frac{\partial x^\nu}{\partial x^{\nu'}} g_{\mu\nu}$$

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$$g_{\mu'\nu'} = \frac{\partial x^\mu}{\partial x^{\mu'}} \frac{\partial x^\nu}{\partial x^{\nu'}} g_{\mu\nu} = \Lambda^\mu_{\mu'} \Lambda^\nu_{\nu'} g_{\mu\nu}$$

row



column

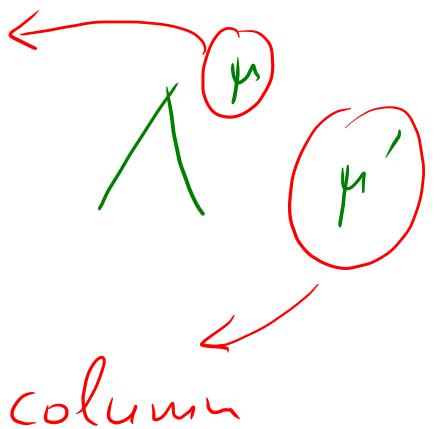
$$= \frac{\partial x^\mu}{\partial x^{\mu'}}$$

The diagram shows a green lambda symbol with a mu index above it and a mu' index to its right. A red arrow points from the mu' index to the left, labeled 'row'. Another red arrow points from the mu' index down and to the left, labeled 'column'.

Component xfm

$$g_{\mu'\nu'} = \frac{\partial x^\mu}{\partial x^{\mu'}} \frac{\partial x^\nu}{\partial x^{\nu'}} g_{\mu\nu} = \Lambda^\mu_{\mu'} \Lambda^\nu_{\nu'} g_{\mu\nu} = (\Lambda^T)_{\mu'}{}^\mu g_{\mu\nu} \Lambda^\nu_{\nu'}$$

row


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$$g_d = O^{-1} g O = O^T g O$$

with $g_d = \text{diag}(g_0, g_1, \dots, g_{n-1}) = \begin{pmatrix} g_0 & 0 & \dots & 0 \\ 0 & g_1 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & \dots & g_{n-1} \end{pmatrix}$

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$$\begin{aligned} (g_{\mu'\nu'}) &= \Lambda^T g \Lambda = D O^{-1} g O D = D g_d D \\ &= \begin{pmatrix} d_0 & & & \\ & d_1 & & \\ & & \ddots & \\ & & & d_{n-1} \end{pmatrix} \begin{pmatrix} g_0 & & & \\ & g_1 & & \\ & & \ddots & \\ & & & g_{n-1} \end{pmatrix} \begin{pmatrix} d_0 & & & \\ & d_1 & & \\ & & \ddots & \\ & & & d_{n-1} \end{pmatrix} \end{aligned}$$

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 \end{aligned}$$

$$= \begin{pmatrix} g_0 d_0^2 & & & \\ & g_1 d_1^2 & & \\ & & \ddots & \\ & & & g_{n-1} d_{n-1}^2 \end{pmatrix}$$

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1. Diagonalize (g_μ) , compute O

2. Choose a basis $e_{\mu'} = \Lambda^{\mu'}_\mu e_\mu$ for $\Lambda = OD$, with

$$D = \text{diag} \left(\frac{1}{\sqrt{|g_0|}}, \frac{1}{\sqrt{|g_1|}}, \dots, \frac{1}{\sqrt{|g_{n-1}|}} \right)$$

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3. Compute $(g_{\mu'\nu'}) = \Lambda^T g \Lambda = \text{diag} \left(\frac{g_0}{|g_0|}, \frac{g_1}{|g_1|}, \dots, \frac{g_{n-1}}{|g_{n-1}|} \right)$
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4. Change order of columns of O to bring -1 s in front:

$$(g_{\mu'\nu'}) = \text{diag}(-1, -1, \dots, -1, +1, +1, \dots, +1)$$

$$(g_{\mu'\nu'}) = \Lambda^T g \Lambda = \begin{pmatrix} g_0 d_0^2 & & & \\ & g_1 d_1^2 & & \\ & & \ddots & \\ & & & g_{n-1} d_{n-1}^2 \end{pmatrix} \quad \Lambda = OD$$

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2. Choose a basis $e_{\mu'} = \Lambda^{\mu'}_{\mu} e_{\mu}$ for $\Lambda = OD$, with

$$D = \text{diag} \left(\frac{1}{\sqrt{|g_0|}}, \frac{1}{\sqrt{|g_1|}}, \dots, \frac{1}{\sqrt{|g_{n-1}|}} \right)$$

3. Compute $(g_{\mu'\nu'}) = \Lambda^T g \Lambda = \text{diag}(\pm 1, \pm 1, \dots, \pm 1)$

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\leadsto the number of -1 s is independent of basis: The **signature** of the metric

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$$\text{s.t. } \Lambda^T \eta \Lambda = \eta$$

Lorentz x fms!

x fms orthonormal \rightarrow orthonormal

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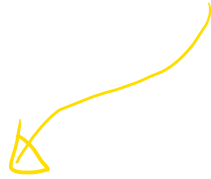
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If s is the signature of the metric, and

$s=0$; the metric is Euclidean, $\Lambda \in O(n)$ orthogonal group

$$\Lambda \Lambda^T = \mathbb{1}$$



$$\eta = \mathbb{1}_{n \times n} \quad \eta = \Lambda^T \eta \Lambda \Leftrightarrow \mathbb{1} = \Lambda^T \mathbb{1} \Lambda = \Lambda^T \Lambda$$

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Lorentz xfm

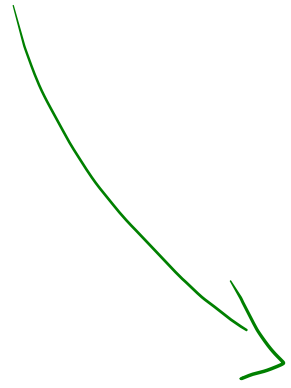
Lorentz group

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$s=1$: the metric has Minkowski signature, $\Lambda \in O(1, n-1)$
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- Orthonormal basis fields are not coordinate bases

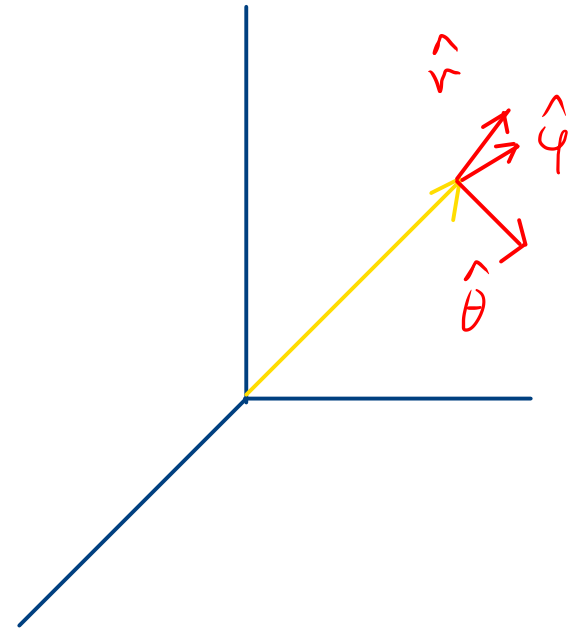


unless M is flat

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coordinate bases may consist of orthogonal vectors,
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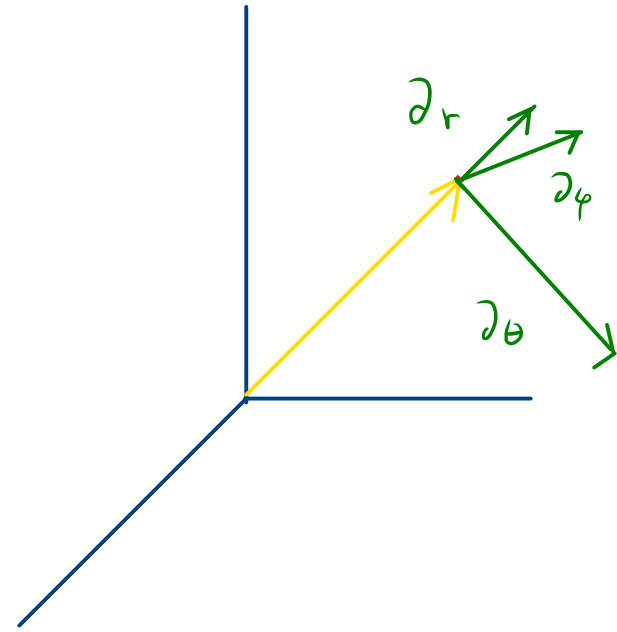
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$(\partial_r, \partial_\theta, \partial_\phi)$ are not!

$$g(\partial_r, \partial_r) = 1 \quad g(\partial_\theta, \partial_\theta) = r^2 \quad g(\partial_\phi, \partial_\phi) = r^2 \sin^2 \theta$$

$$ds^2 = dr^2 + r^2 (d\theta^2 + \sin^2 \theta d\phi^2)$$



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- We can always choose a coordinate system s.t.
at one point P :

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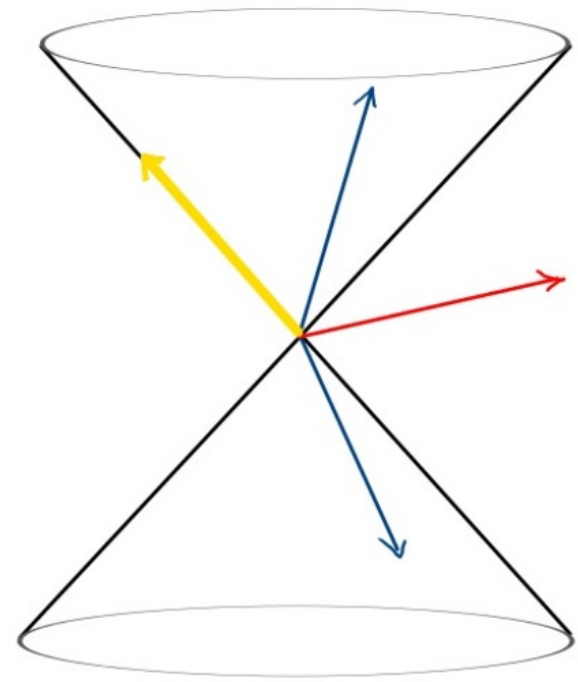
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such coordinate basis is orthonormal at P and
defines a **local Lorentz frame**
locally inertial coordinates

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such coordinate basis is orthonormal at P and
defines a **local Lorentz frame** (see proof in Carroll's book)
- effects of curvature negligible in a small enough lab

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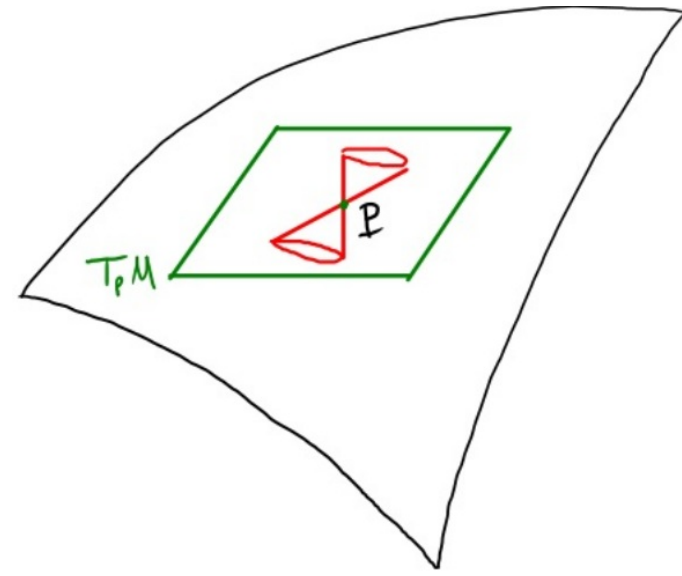
- $T_{\mathbb{R}^4}$ inherits causal structure from the Minkowski metric:
light cone, past future, past/future directions



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- $T_p M$ inherits causal structure from the Minkowski metric:
light cone, past future, past/future directions

- Integrating light cones on curves, we obtain a global causal structure on M

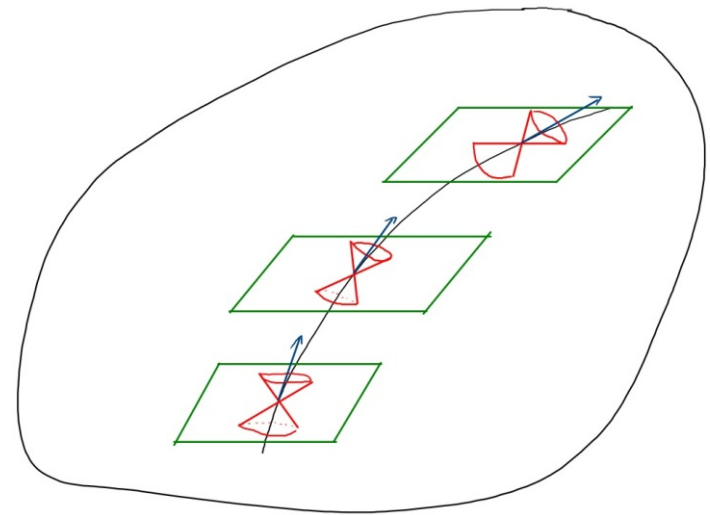


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massive particles move on worldlines w/ tangents everywhere timelike

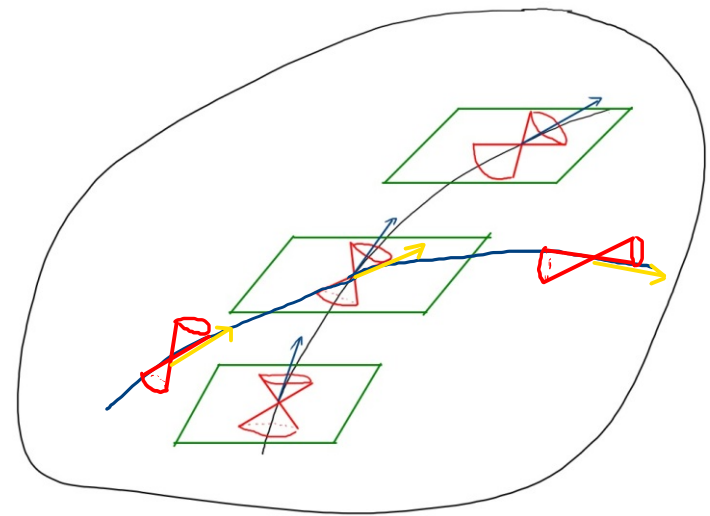


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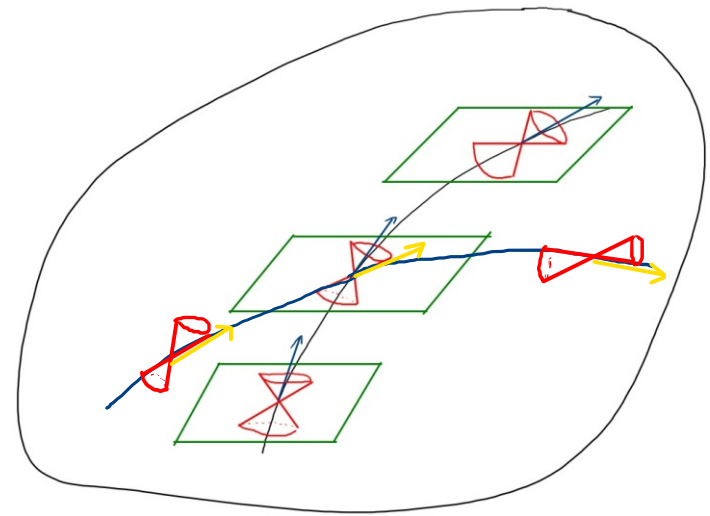
massless particles move on worldlines w/ tangents everywhere null



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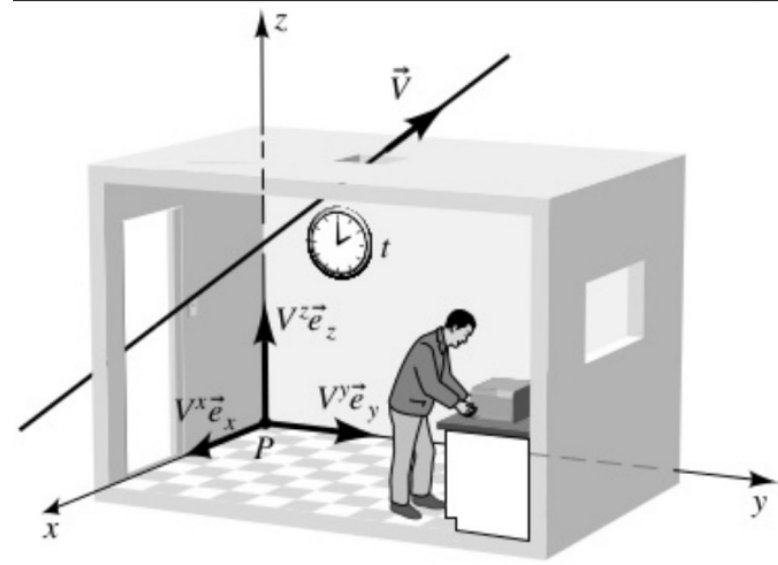
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There are **no** worldlines that **change** category

Local Frames

Orthonormal bases define "observers"



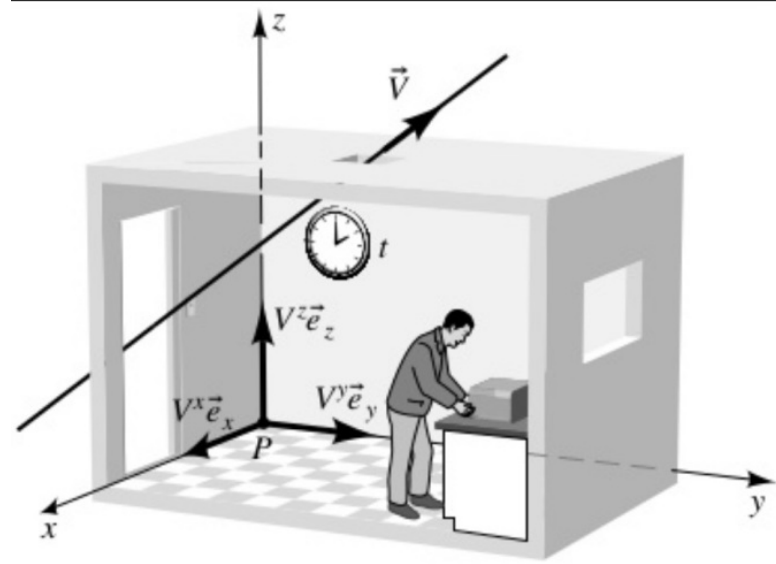
Hartle, Fig 7.6

Local Frames

Orthonormal bases define "observers"

4-velocity of observer $U = e_0$

local cartesian axes $\{e_1, e_2, e_3\}$



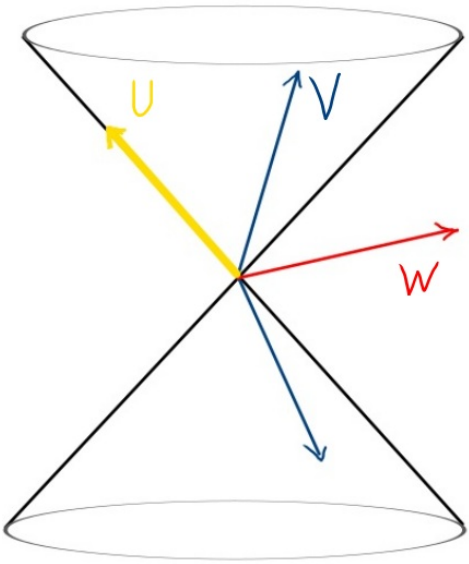
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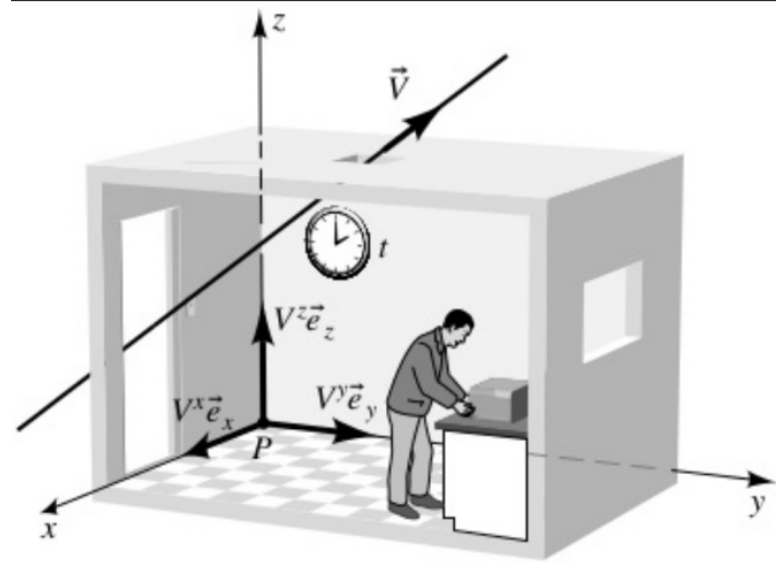


$\{e_0, e_1, e_2, e_3\}$ define the local lightcone:

$$g(V, V) < 0 \quad \text{timelike}$$

$$g(U, U) = 0 \quad \text{lightlike}$$

$$g(W, W) > 0 \quad \text{spacelike}$$



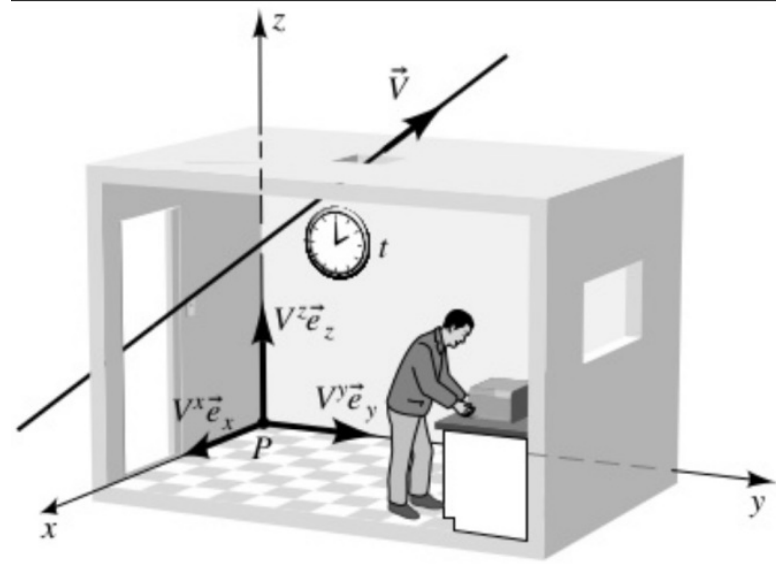
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$U = (1, 0, 0, 0)$ in $\{e_0, e_1, e_2, e_3\}$ basis



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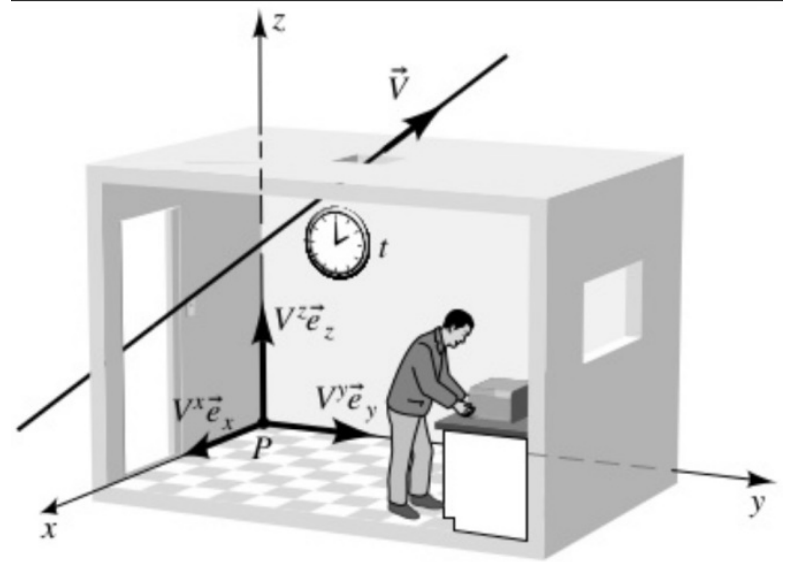
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Local Frames

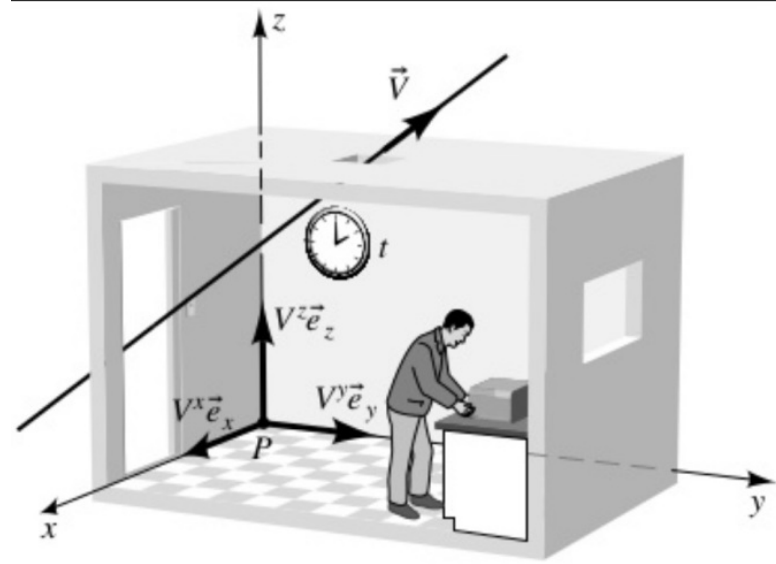
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$$g_{\mu\nu} U^\mu V^\nu = (-1) \cdot 1 \cdot \gamma + 1 \cdot 0 \cdot \gamma v = -\gamma = -1/\sqrt{1-v^2}$$



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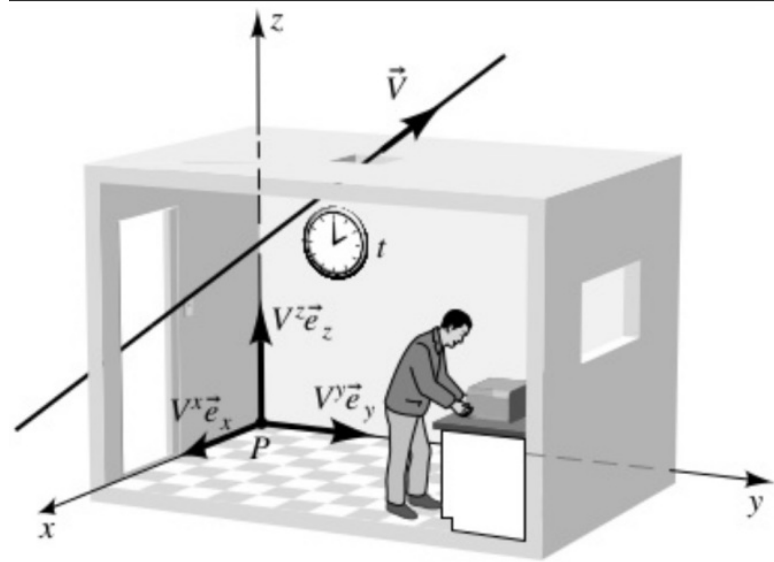
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$$v = \left(1 - \frac{1}{\gamma^2}\right)^{1/2} = \left(1 - (U_\mu V^\mu)^{-2}\right)^{1/2}$$



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Local Frames

Orthonormal bases define "observers"

4-velocity of observer $U = e_0$

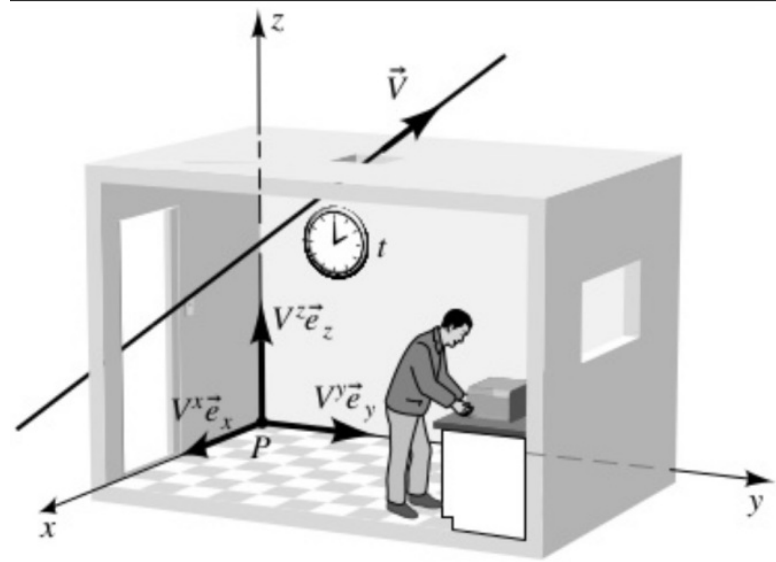
$U = (1, 0, 0, 0)$ in $\{e_0, e_1, e_2, e_3\}$ basis

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coordinate invariant formula
← relative speed of particle in frame
!! a LOCAL concept only !!



Hartle, Fig 7.6

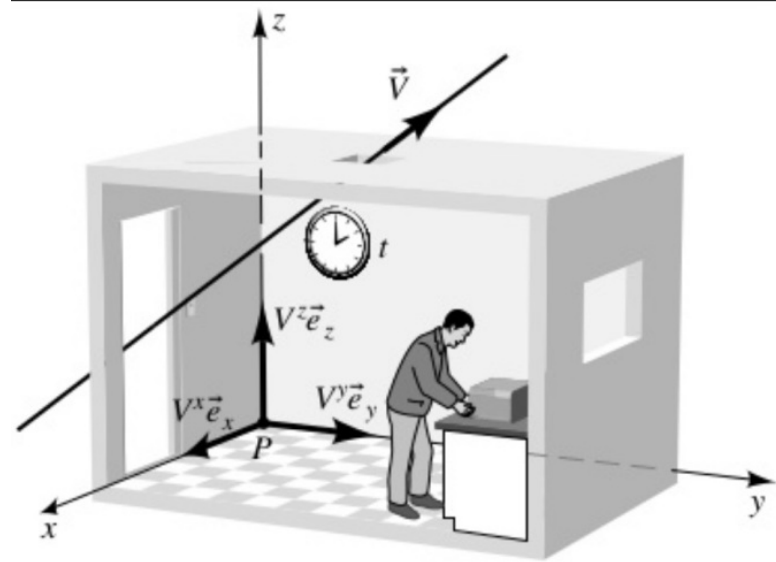
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Four-momentum of particle:

$$P^M = (E, p^1, p^2, p^3)$$



Hartle, Fig 7.6

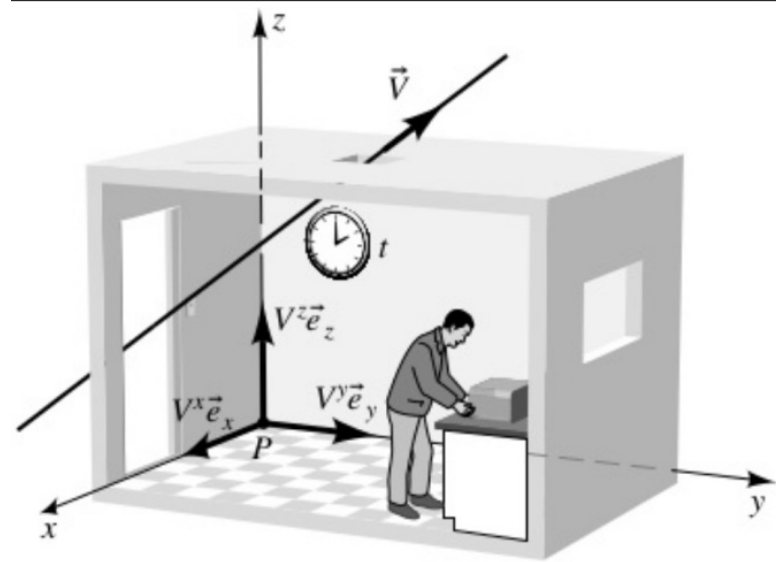
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Hartle, Fig 7.6

Local Frames

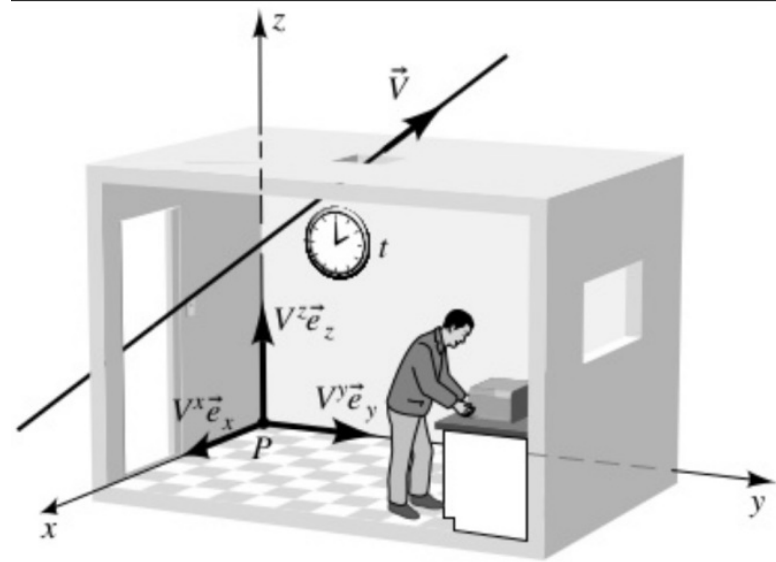
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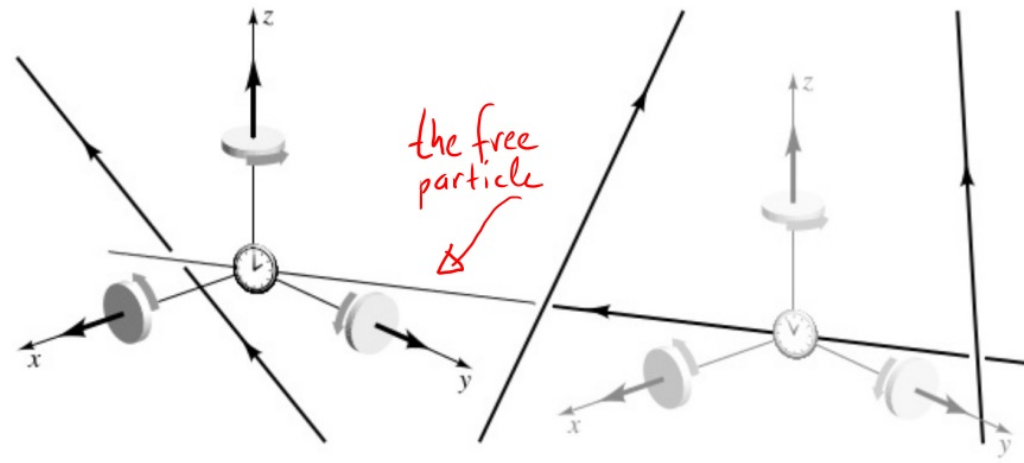
- a coordinate independent expression
- E, v defined for local observers, make no sense for distant particles



Hartle, Fig 7.6

Local Inertial Observers

Observers observing free particles moving on straight lines @ constant rate are inertial observers

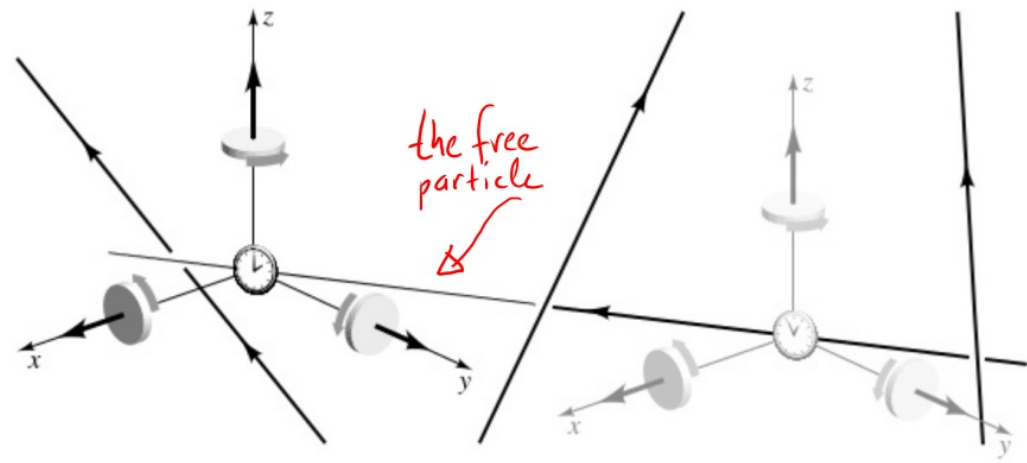


Hawthorne Fig 3.3

Local Inertial Observers

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"freely falling"



Hawthorne Fig 3.3

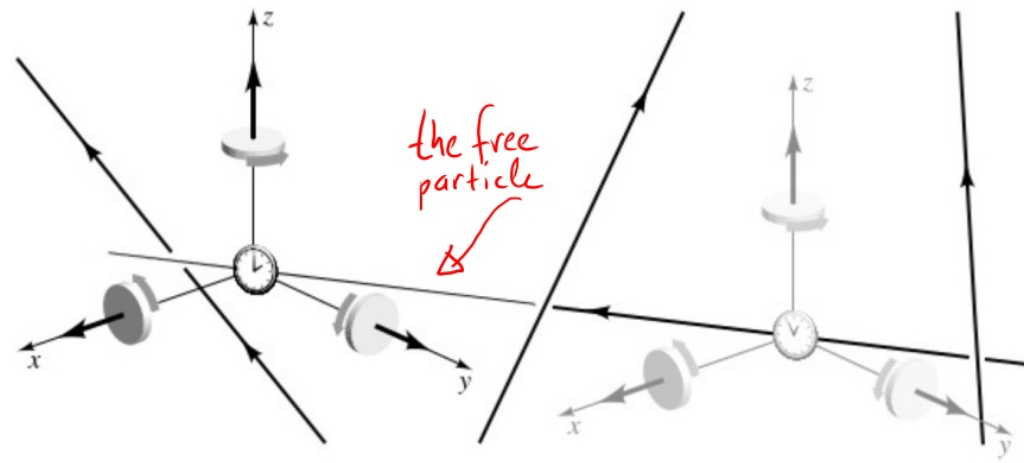
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How to become one:

1. follow a free massive particle and set axes' origin on it



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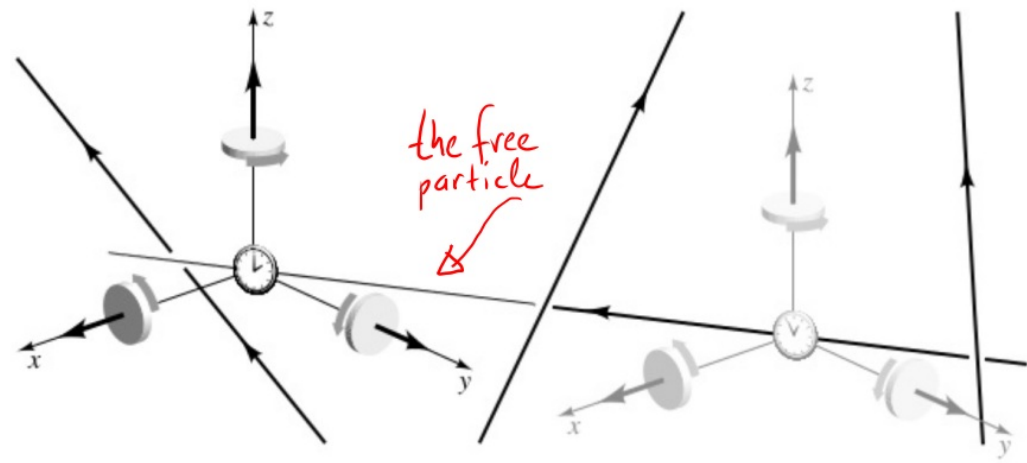
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2. choose 3 perpendicular axes, set gyroscopes to spin in their direction



Hartle Fig 3.3

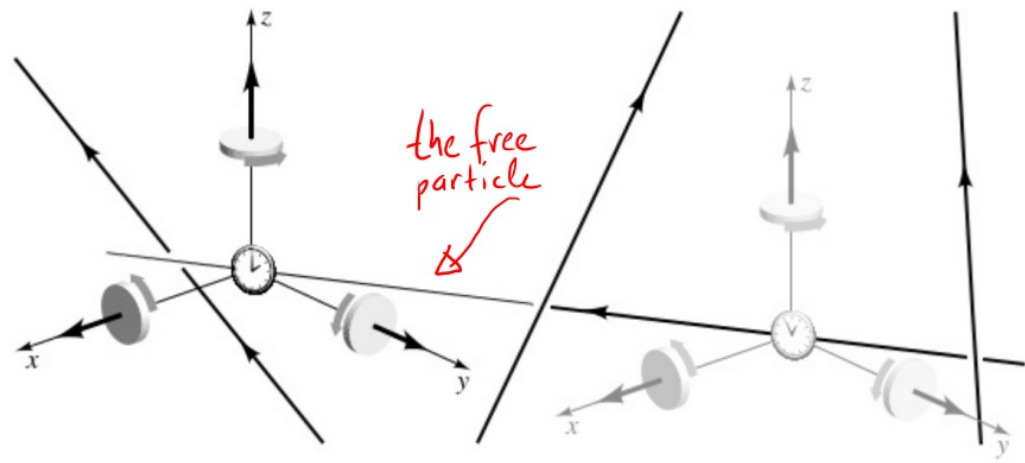
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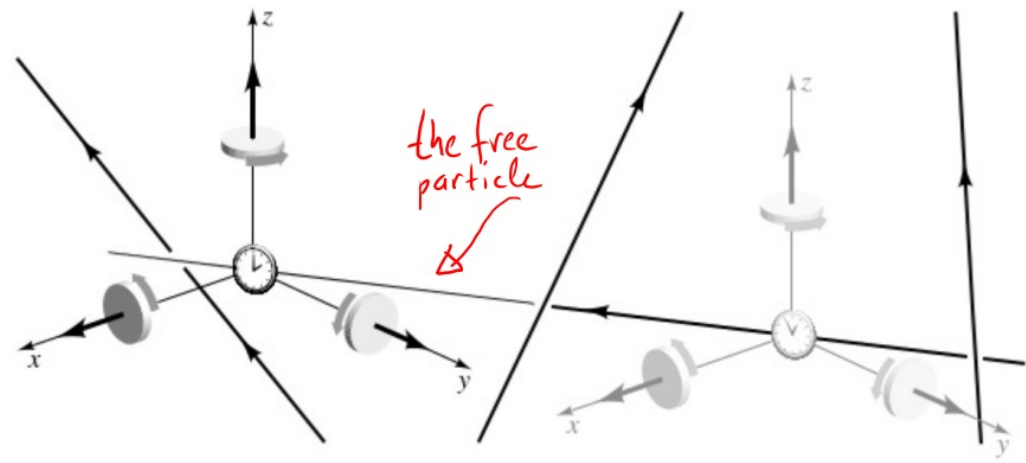
1. follow a free massive particle and set axes' origin on it
2. choose 3 perpendicular axes, set gyroscopes to spin in their direction
3. let gyros spin freely, use them as Cartesian axes at all times



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Hartle Fig 3.3

How to become one:

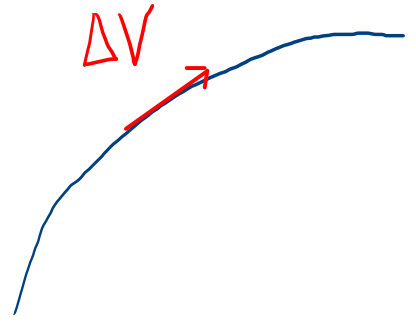
1. follow a free massive particle and set axes' origin on it
2. choose 3 perpendicular axes, set gyroscopes to spin in their direction
3. let gyros spin freely, use them as Cartesian axes at all times

$$\Rightarrow g_{\mu\nu}|_0 = \eta_{\mu\nu}, \text{ and } \partial_\sigma g_{\mu\nu}|_0 = 0 \quad \text{! Do SR Physics !}$$

Line Element

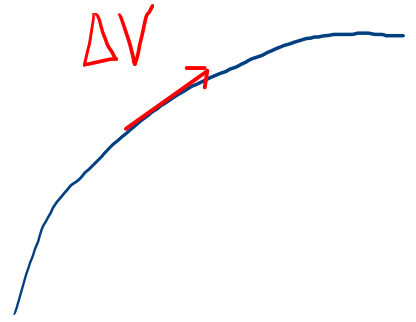
$$g = g_{\mu\nu} dx^\mu \otimes dx^\nu$$

$$\Delta V = \Delta x^\mu \partial_\mu$$



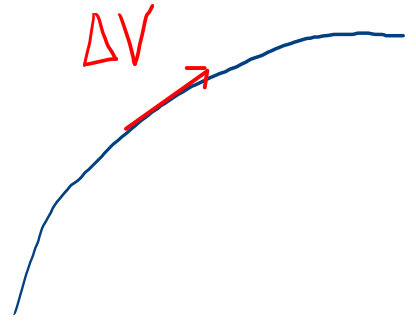
Line Element

$$\left. \begin{aligned} g &= g_{\mu\nu} dx^\mu \otimes dx^\nu \\ \Delta V &= \Delta x^\mu \partial_\mu \end{aligned} \right\} \Rightarrow g(\Delta V, \Delta V) = g(\Delta x^\mu \partial_\mu, \Delta x^\nu \partial_\nu)$$



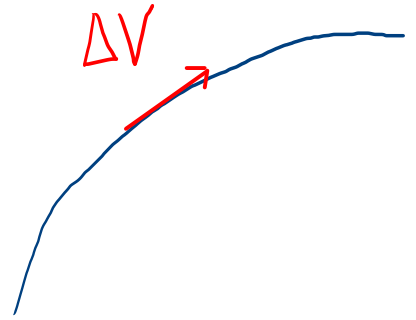
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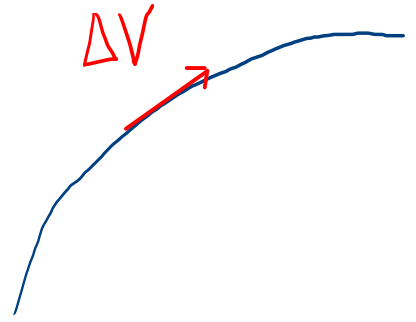
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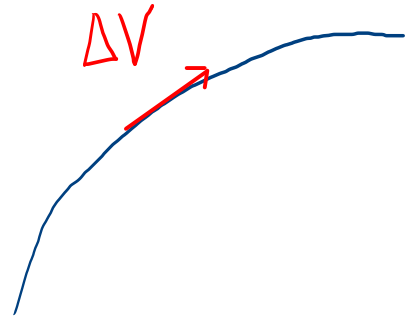
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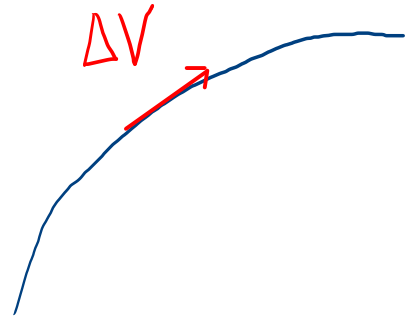
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$$ds^2 \equiv g$$

$$dx^\mu dx^\nu \equiv dx^\mu \otimes dx^\nu \neq dx^\nu \otimes dx^\mu$$

Line Element

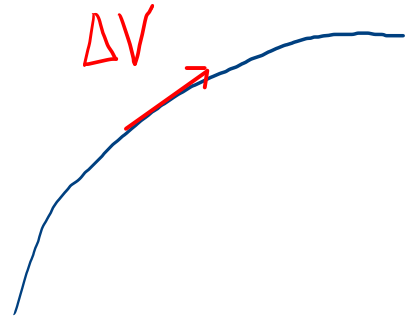
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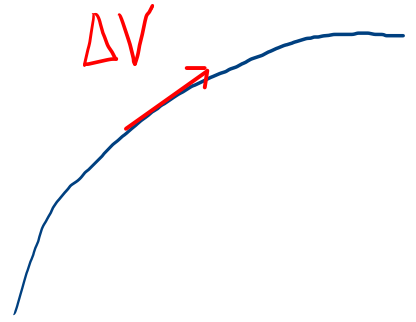


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$$S_{AB} = \int_A^B |ds|$$

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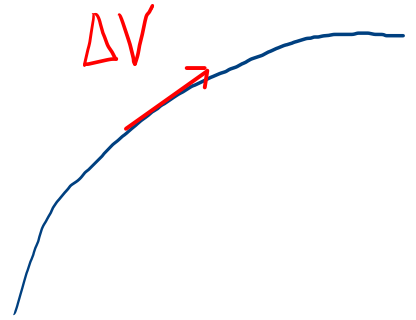


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$$S_{AB} = \int_A^B |ds| = \int_A^B |g_{\mu\nu} dx^\mu dx^\nu|^{1/2}$$

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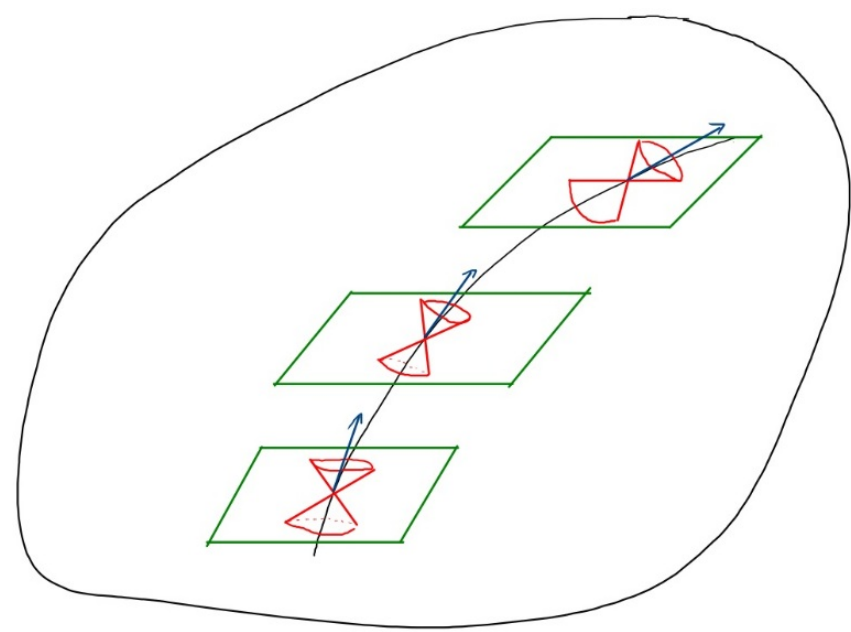
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$$S_{AB} = \int_A^B |ds| = \int_A^B |g_{\mu\nu} dx^\mu dx^\nu|^{1/2} \equiv \int_{t_A}^{t_B} dt \left| g_{\mu\nu} \frac{dx^\mu}{dt} \frac{dx^\nu}{dt} \right|^{1/2}$$

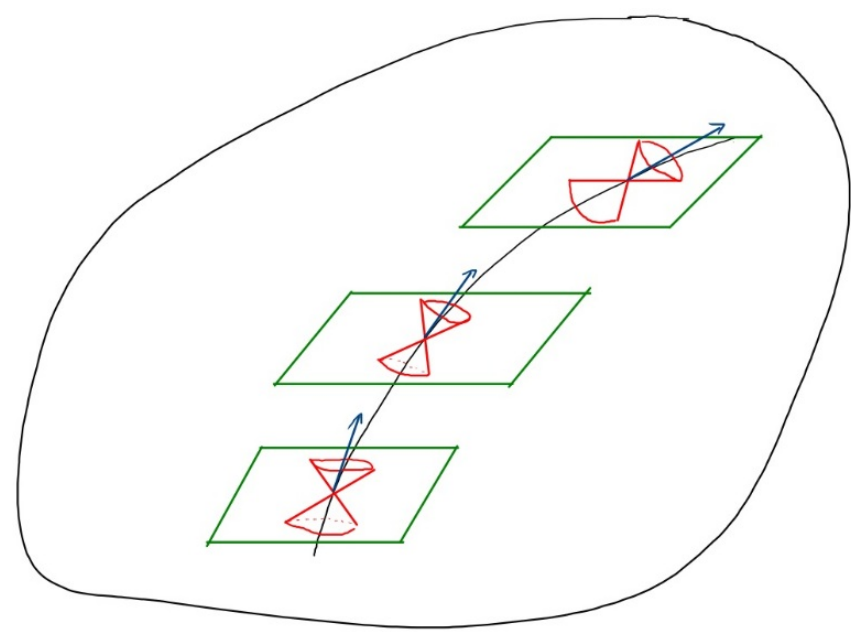
We focus on 3 types of curves:



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$ds^2 < 0$ everywhere

timelike curve



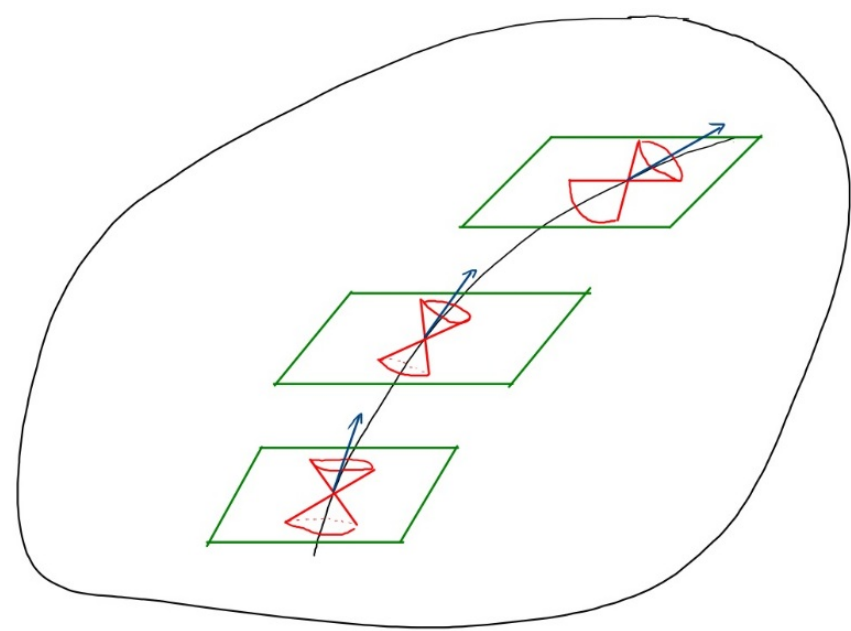
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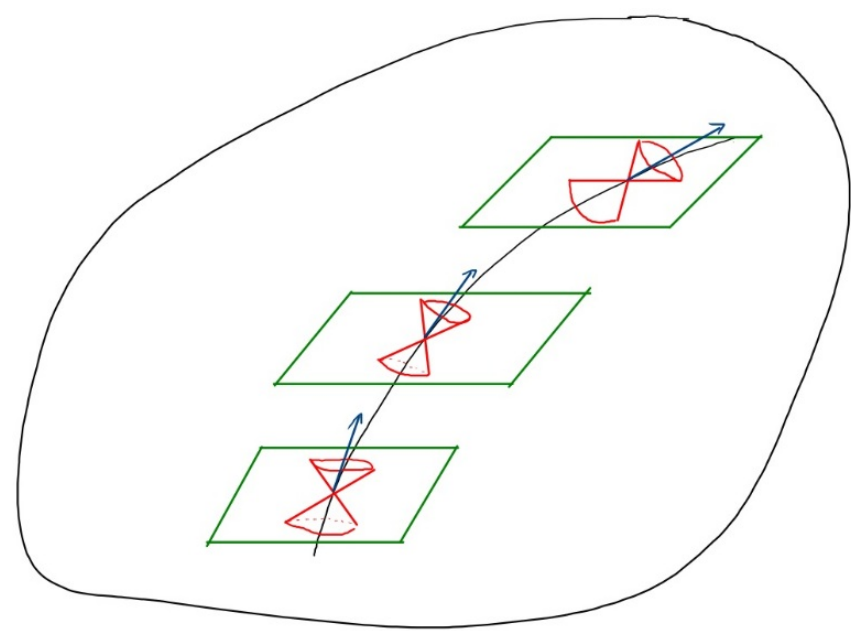
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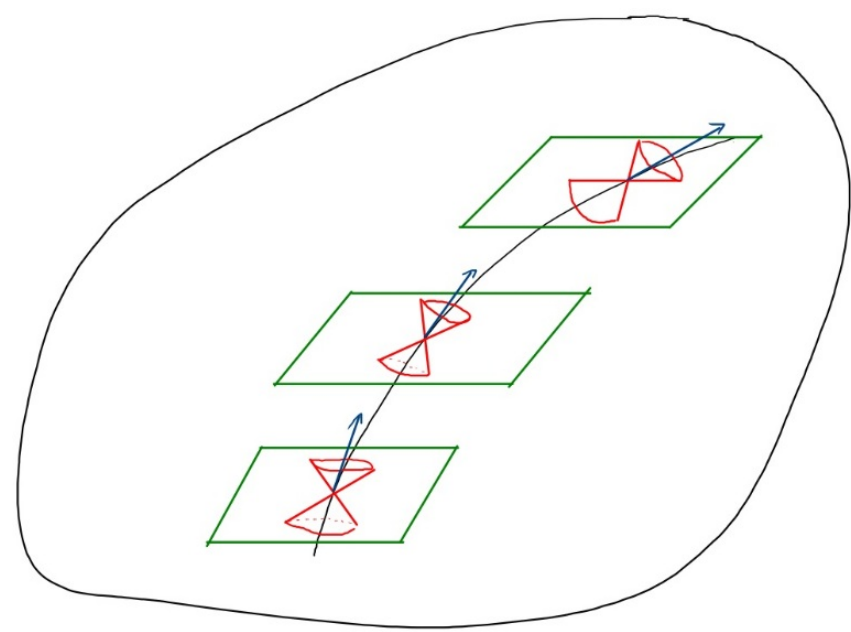
$ds^2 > 0$ " "

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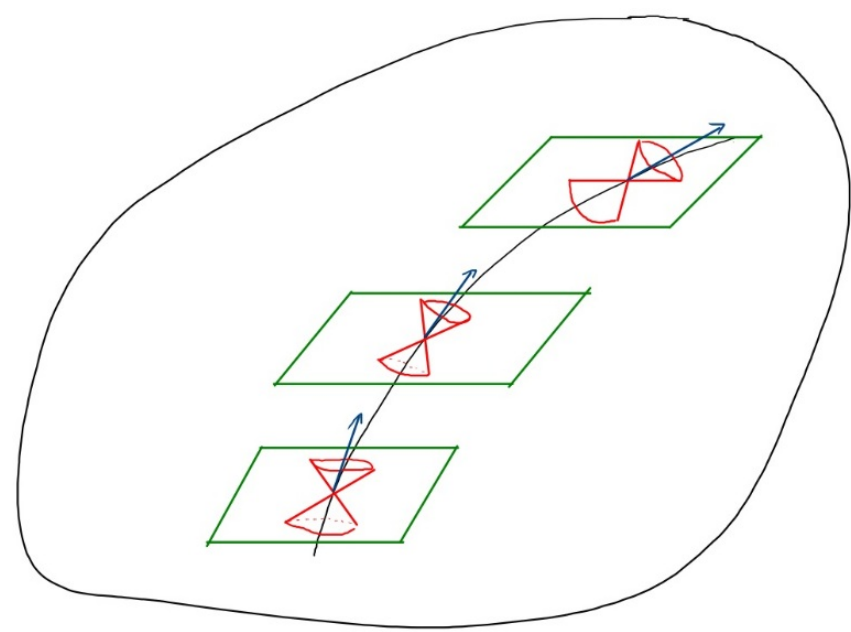
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The tangent vector V is of the same type at each point:
 $g(V, V)$ does not change sign/0

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The tangent vectors are the 4-velocities of particles

$$V^\mu = \frac{dx^\mu}{dt} \quad (ds^2 \leq 0)$$

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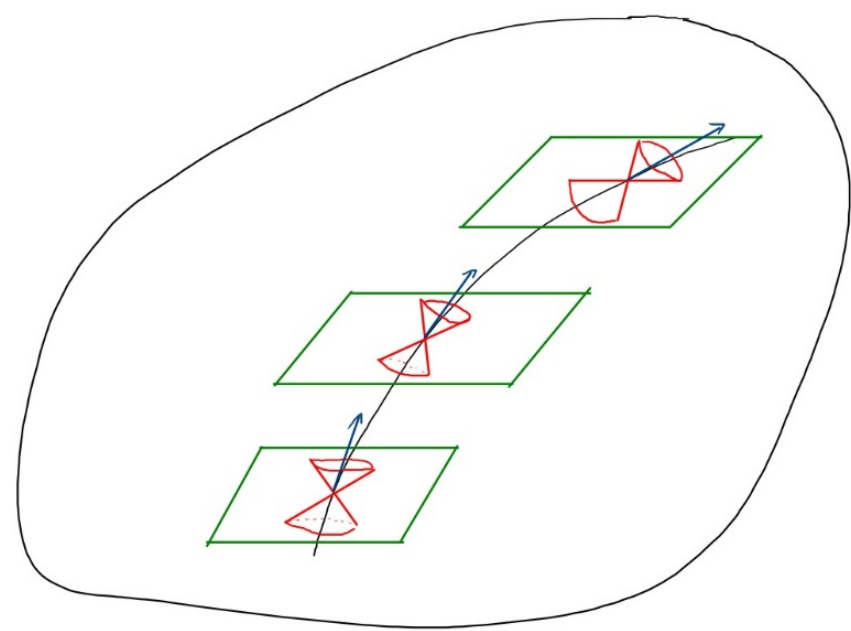
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Timelike curves are worldlines of massive particles

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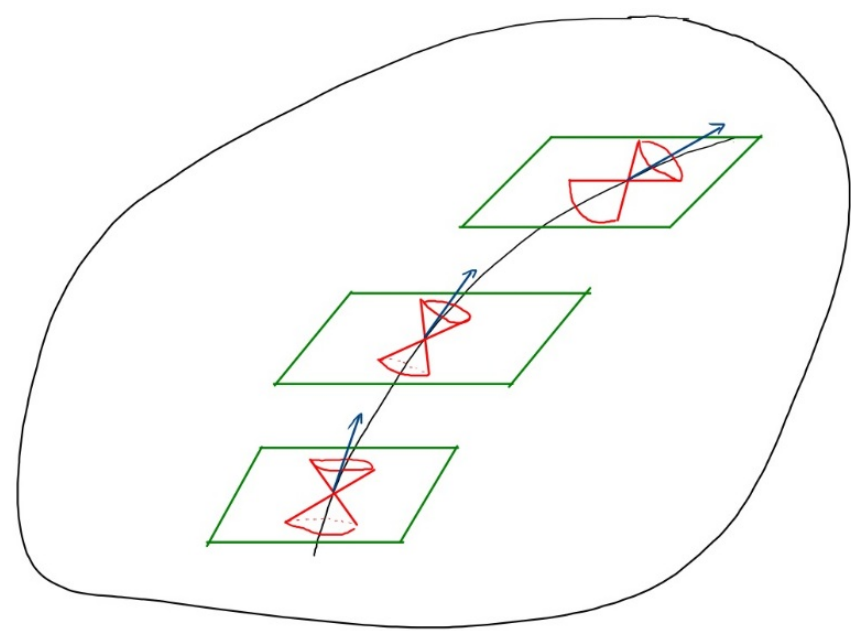
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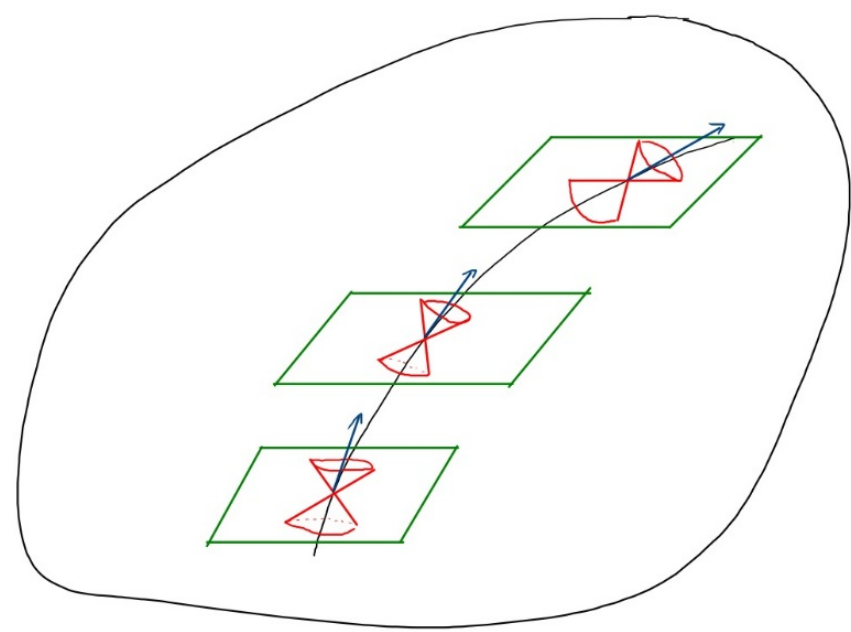
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They are causal curves: any event on curve can influence/be influenced by any other event on curve

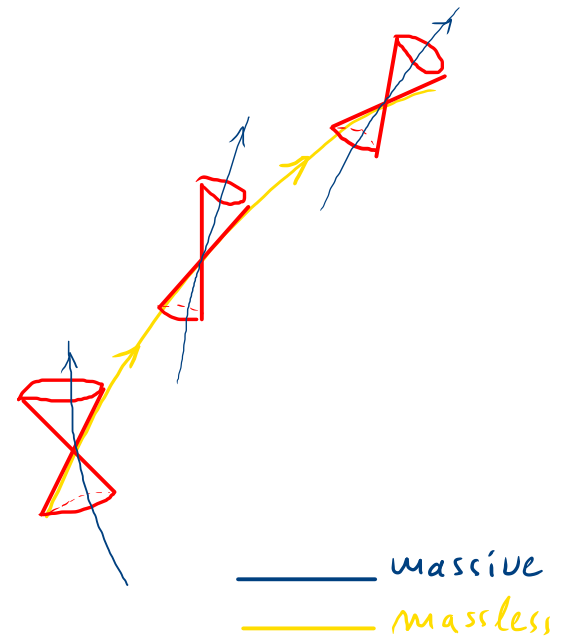
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Light travels in a direction on local lightcone

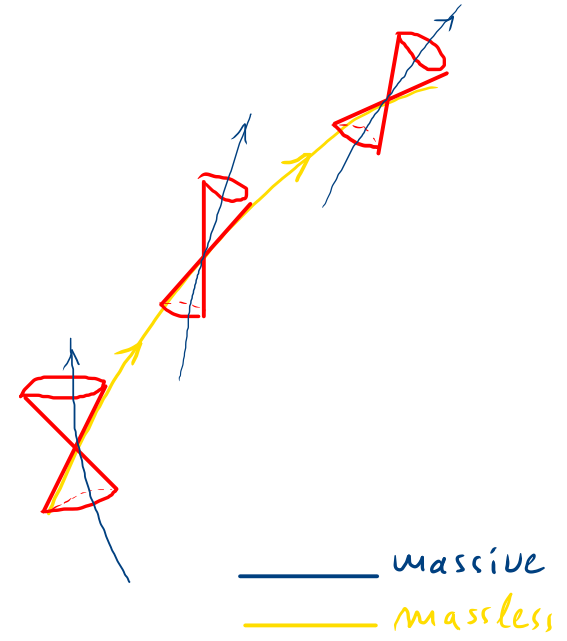


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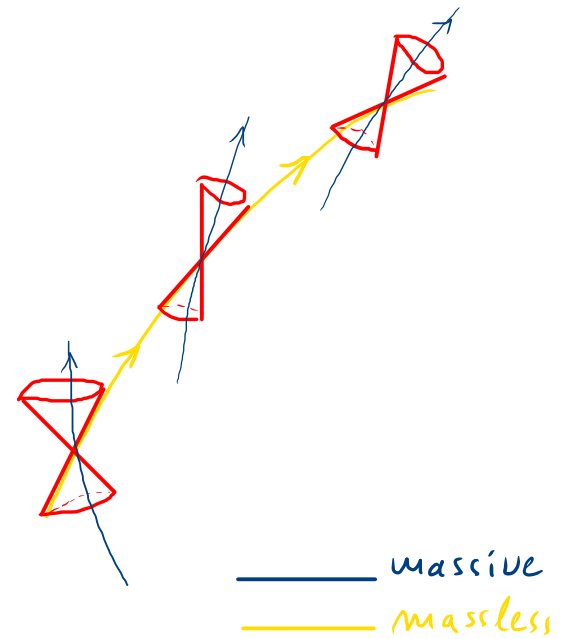
Speed compares only locally: Not exceeding the speed of light means massive particles move in the direction within the local light cone

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Distances of faraway particles can increase at a rate > 1 !